

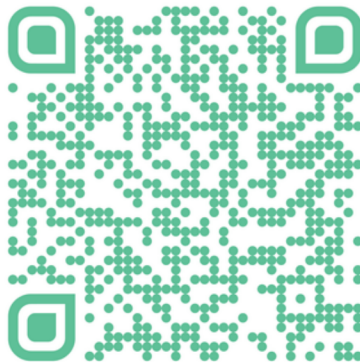
MENTAL HEALTH MATTERS

For creating and supporting
healthy families

Reducing mental health stigma, because
it's ok, not to be ok.

Connect 2 Support. Connect 2 Thrive.

www.connected2thrive.org



Connected2Thrive is a community vision, one where St. Louis thrives because we talk about mental health as health and where families have the resources needed to show up in strong and resilient ways for their children. Together, we are preventing child abuse and neglect and reducing mental health stigma.

